The First and Second Year Selective Program is a seven-week (or equivalent) experience in which you may choose to participate in a pre-defined selective course (found on the attached list) or you may create an independent experience which may be research or clinical.

You are required to complete at least one selective in your first or second year. Since the offerings are spread over the academic year, you may sign-up for one experience now, or as the year progresses. Please keep in mind that your spring semester will be more demanding than your fall semester.

Note: Once you have been assigned to a selective, you will be expected to complete it. The completion of at least one elective with a grade of Pass is required.

**SELECTIVE COURSES**

The majority of selective courses are seven weeks in length and are taught in small groups of usually five to ten students. (Optimum group size requirements may be stipulated by the course instructor.) The offerings focus on specialized topics, of which the following are typical examples: health care reform, caring for the underserved, and addiction. Instruction will not involve lectures. Instead, you will use discussions, readings and independent projects to derive knowledge and develop concepts. Not all of the Selectives meet every week, but instead are longitudinal and meet at least seven times throughout the academic year. The list of Selectives offered is attached and more Selectives will be posted on the David Geffen School of Medicine at UCLA Website. (http://www.medstudent.ucla.edu).

**INDEPENDENT EXPERIENCE (RESEARCH AND CLINICAL)**

Independent experiences may be research or clinical and are created by you the student. Research is highly individualized and may take forms such as bench work in a laboratory, or clinical research involving data analysis and literature review. The research can lead to research publication, while providing training in research practices and critical thinking. For those who are interested in the Medical Student Thesis Program or doing summer research this may be a good opportunity to get started. To find a research opportunity, you may try the research board in the Student Affairs Office or speak to Fran Kissel in the Student Affairs Office.

*In general, students involved in research should be highly motivated and willing to put in more than four hours per week over at least 7 weeks. (Fewer hours over a longer period are also possible.) Usually meaningful research cannot be completed in such a short rotation. You should anticipate continuing your research over a longer time period.*

Clinical selectives may not meet every week, so that the contact hours may be spread out over a semester or more. In general, you should expect to have two or three clinical contact hours on at least seven separate occasions. You will also have to do outside reading and/or other preparation.

We hope you will find opportunities that will enrich your experiences in the first and second years and allow you to explore avenues that interest you personally. You will receive credit on your transcript for each selective that you complete. And perhaps your experience will be a springboard for further work and thesis in the Medical Student Thesis Program.

*Susan Stangl, M.D., M.S.Ed., First and Second Year Selective Course Chair*
2003 - 2004 SELECTIVE LIST
FIRST AND SECOND YEAR SELECTIVE PROGRAM

Session A (Mondays 10/13/03, 10/20, 10/27, 11/3, 11/10, 11/17, 11/24)
- Meditation, Prayer and Medicine
- Cardiovascular Disease and Clinical Research from a Surgeon’s Perspective
- Treatment of Geriatric Depressions
- Hematology Oncology and Bone Marrow Transplant
- Health Care for American Indians
- Health of the Latino Population
- Yoga
- Mechanisms of Cardiac Fibrillation and Debfibrillation

Session B (Mondays 1/5/04, 1/12, 1/26, 2/2, 2/9, 3/15, 3/22)
- Health Policy: What Every Doctor Needs to Know
- Yoga
- Environmental Health

Session C (Mondays 4/5/04, 4/12, 4/19, 5/10, 5/17, 5/24, 6/7)
- Meditation, Prayer and Medicine
- Treatment of Geriatric Depressions
- Diagnostic Cardiology

Schedule D (Alternate dates, see descriptions)
- Medical Spanish
- Caring for the Underserved in Los Angeles: The Drew Experience
- Integrative East-West Medicine

Year Long Selectives
- Women’s Health
- UCLA/Salvation Army Homeless Care Project
- Theater and Medicine